Zion Baptist

You are cordially invited to attend the regular preaching service at the Zion Baptist Church Sunday at 11 a.m. The speaker for the hour will be Rev. Charles Lewis from Madison Heights. The Senior choir will have its regular meeting Friday night at 7 p.m. The Senior Usher Board meet Sunday at 11 a.m. with vice president Miss Barbara Hunter. Mrs. Nannie Johnson recording secretary. Mrs. Magnolia Franklin was in charge of the devotions. The minutes were read, received and adopted. Dues taken. The meeting was opened for new and old business. Mrs. Nannie Johnson gave some very helpful remarks to our board. After which our meeting adjourned for next month. Our sympathy goes to the family of Mr. Westmore Wheeler. Mrs. Mildred Wheeler is very sick in Lynchburg General Hospital. We are praying for our sick everywhere. Mr. Ed Mosley is home doing nicely. Mr. Frank Robertson and Mrs. Odell Hix is doing very well. Miss Mary C. Brown is on the sick list.

PASTOR AID 16th anniversary

Mistress of Ceremonies - Mrs. Susie Hunter, Opening song by Peaks Senior Choir, Scripture by Mrs. Julia Terry. Prayer, Deacon Robert Jennings, Song by Peaks Choir, Welcome by Mrs. Magonilia Franklin, Respond by Mrs. Rosa Jones, Song by Peak Choir, History by the Pastor's aid by Deacon Frank Johnson, Introduction of Speakers, Mrs. Ruth Cobbs, Sermon by Rev. James Miller, Offering Mrs. Mattie Lawson and Miss Barbara Hunter. Plates for speaker Mrs. Nannie Johnson, solo by Rev. Herbert Scott. Remark by Rev. H. O. Flood. Mrs. Susie Hunter thanks each and everyone for helping make our program a success.

Chairman, Mrs. Susie Hunter Coachman - Mrs. Ruth Cobbs

Recent guest at the homes of the Frankin's were Mrs. Mary Alley and her friend Lizzie, Mr. B. T. Franklin, his sister Florence Watson is still very ill in the hospital in Philadelphia.

Some of the Pamplin friends were at the service at the White Oak Grove Baptist Church. Rev. Robert Haskins was the speaker. His text was Oh! Give Thanks Unto The God."

The Triumph Baptist Deaconess Board had their pew rally for the benefit of the church. The offering was great.

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GOOD NEWS FOR HOMEMAKERS

By Shirley W. Walton
Extension Agent

ENERGY CONSERVATION TIPS

With the holiday season in full swing, many of you will be traveling an extra amount, entertaining frequently and using a great deal of additional energy. Whether it is energy provided by gasoline or electricial energy, each of us should be conservation minded.

I wish to share some tips with you this week on **lighting**. They are as follows:

1. Avoid unnecessary lighting. Turn off lights when they are not needed.
2. Concentrate lighting in work or activity areas. Use outside lights only when necessary.
3. Use florescent lighting when possible.
4. Use low wattage bulbs with a high lumen rating or use one large bulb instead of two smalelr ones.
5. Standard life bulbs are more efficient than long life bulbs.
6. Clean bulbs and fixtures frequently. They operate more efficiently and provide better lighting.

Some tips on saving energy with appliances are as follows:

1. Operate a dishwasher only when you have a full load.
2. Do not use the dishwasher as a plate warmer. If your plates are stored in a cold cabinet in another room, bring them into the room where you are preparing the meal and they will become room temperature.
3. Switch off dishwasher at the end of the final rinse cycle, open the door and let the dishes air-dry.
4. Towel dry hair before using a hair dryer to remove as much moisture as possible.
5. Disconnect instant-on television sets if they are not being used for extended periods of time.
6. Be sure to turn off television sets, radios or phonographs when you leave the room.
7. Use hand tools instead of power tools when possible.
8. Select appliances that have a high energy efficiency ratio. (This is known as EER on the market.) When purchasing an appliance, be sure that you ask your appliance dealer about an appliance with an EER rating.

Some tips on saving energy when traveling during the holidays are as follows:

1. To reduce gasoline consumption, drive less if possible. Do not make unnecessary trips. When going shopping in a nearby city, make sure you have a well organized Christmas list so that you do not have to run back and forth on several unnecessary trips.
2. Plan ahead and combine several activities or errands in one trip.
3. When possible, walk or ride a bicycle.
4. Form a car pool with neighbors.
5. Do not let the engine idle. Start slowly and drive smoothly.
6. Anticipate stops and slow down to avoid excessive braking.
7. Drive at moderate speeds. Your engine is 20 per cent more efficient at 50 miles per hour than at 70 miles per hour.
8. Keep the car engine tuned and in good running condition.
9. Be sure that tires are inflated to the proper pressure. This should be checked before going on a long trip during the holidays.

Best wishes to each of you as you do your fair share in helping conserve energy. If each of us becomes energy conservation minded, we will find that we will have energy left for later use. If each of us assumes we can use all we want and there will be some left some day, we may find that we are left having to return to older methods of keeping warm and traveling.

If you have a homemaking question or problem that the Appomattox County Extension Office can help with, please call us at 352-8244 or write us at P. O. Box 488. It is always a pleasure to hear form you and to help you. Have a good week!

RECIPE OF THE WEEK
ORANGE BLOSSOMS
(Approximately 5 dozen)

3 eggs
1½ cups sugar
Sev. drops yellow food coloring
½ c. water
1½ c. flour
1½ tsp. baking powder
½ tsp. salt
1 tsp. vanilla

Mix above ingredients as you would cake batter. Bake at 350 degrees in small greased muffin pans - one teaspoonful in each. (I use lightly more than 1 tsp.) Cook about 10 minutes. (Don't let them get brown and crusty!) While hot, dip in the following glaze:

1¼ lb. confectioner's sugar
Juice of 4 oranges
Juice of 1 lemon
Mix until smooth

(I use frozen orange juice instead of fresh. I don't measure this; just add a bit at a time until glaze is slightly thick.)

THOUGHTS FOR THANKSGIVING - Pam Fuller, a member of the Appomattox County High School 4-H Club, delivers a box of canned goods to a needy family for Thanksgiving.

Safety with Cut Trees

BLACKSBURG - The distinctive aroma that a live Christmas tree brings into a room is carried by the moisture coming from the tree -- the same moisture that must be replaced if the tree is to keep from drying out and becoming a safety hazard.

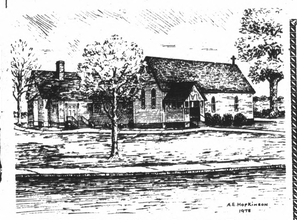
The Christmas tree will stay fresher, more fragrant, and hold needles longer if the base of the tree is kept in water, a recommended Virginia Tech Extension specialist in agricultural engineering, Glen H. Hetzel.

He recommended that a bit of the trunk be cut off to expose a new surface to the water before putting up the tree. A cut at a slight angle keeps the trunk from standing flat in the water, keeping more surface exposed.

Sometimes the tree owner puts the tree up with water in the holder, but, due to the rush of holiday activities fails to look at it again.

If the tree is not watered until after the water is consumed, it usually is too late. Pitch forms rapidly on the base of the tree and seals water out.

The recommendation is to keep the tree immersed in water all of the time, said the specialist, who is a Virginia Tech faculty member.



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THESE DOORS WILL OPEN SATURDAY, DECEMBER 2 at 10 a.m. to display the most original and unique gifts you have seen in many a year. There will be items for everyone on your list, so don't miss the opportunity to shop St. Anne's Bazaar this Saturday and buy something original for that someone special.

Make Final Plans For Flower Show

Committee Chairman for the Garden Club Flower Show met Tuesday to make final plans. Edith Nash, chairman of Awards and Clerks, Carolyn Coleman, chairman of Publicity and Pat Trinyer, Entries chairman, met with Margaret Shields and Ruby Moses, co-chairmen for the event, along with other committee chairmen. Exhbits will be done by Garden Club members and the public is invited to view the exhibits. Circle December 9 and 10 on your calendar and plan to stop by the Woodmen of the World building.

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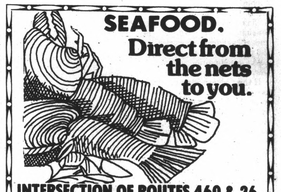

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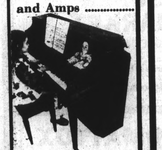

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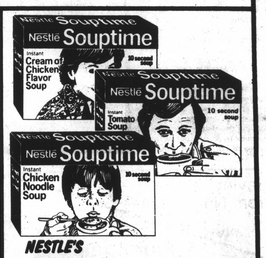

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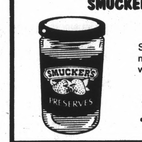

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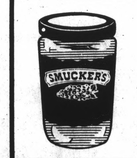

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